

**AFRH - G / MASTER MENUS / F-1a, MAY 2015 / CYCLE TWO - REGULAR LINE / WEEK OF 09 / 07 / 2015**

	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>
<b>M O N</b>  <b>Aug 7th</b>	Donuts / Bran Muffins Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon French Toast / Shredded Hash Browns Biscuits / Sausage Gravy	Enchilada Soup Vegetable Soup Tacos w/Toppings Chicken w/ Fennel & White Beans Steamed White Rice Sautéed Squash Creamed Spinach Crusty French Bread / Cornbread	Vegetable Soup Enchilada Soup Assorted Deli Meats / Cheeses Roasted Pork Loin w/Pork Gravy Baked Sweet Potato Southern Fried Succotash Sautéed Fresh Zucchini Dinner Rolls / Sliced Breads
<b>T U E S</b>  <b>Sep 8th</b>	Donuts / Bran Muffins Pecan Swirl Danishes Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnaise Potatoes Biscuits / Country Gravy	Corn Chowder Chili Bean Soup Seafood Salad Grilled Liver and Onions Mashed Potatoes w/Gravy Sautéed Carrots Harvard Beets Assorted Rolls / Cornbread	Chili Bean Soup Corn Chowder Assorted Deli Meats / Cheeses Baked Fish Creole w/Steamed Rice Green Bean Almandine Pacific Rim Blended Vegetables Brown & Serve Rolls / Sliced Breads
<b>W E D</b>  <b>Sep 9th</b>	Donuts / Bran Muffins Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Buttery Potatoes / Baked Beans Corn Muffins / Biscuits / Country Gravy	Turkey, Spinach & Lentil Soup Lobster Bisque Assorted Pizza Slices Hot Rachel Sandwiches Tater Tots Tuscan Tortellini Salad Roasted Fresh Asparagus Slider Rolls / Cornbread	Lobster Bisque/Turkey, Spinach, Lentil Soup * * BREAKFAST NIGHT * * Canadian Bacon/Assort Deli Meat/Cheese Scrambled Eggs / Eggs to Order Shredded Hash Browns/Cntry Grvy Much Requested SOS Belgian Waffles w/Apple Topping Biscuits / White & Wheat Bread
<b>T H U R S</b>  <b>Sep 10th</b>	Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Shredded Hash Browns Banana Pancakes Biscuits / Country Gravy	Summer Minestrone Soup Creamy Chicken & Wild Rice Soup Mexican Beef and Corn Casserole Fried Pork Chops Black-Eyed Peas w/Rice Turnips Greens Sautéed Rutabagas Brown & Serve Rolls / Cornbread	Creamy Chicken & Wild Rice Soup Summer Minestrone Soup Assorted Deli Meats / Cheeses Teriyaki Chicken Stir Fried Rice Broccoli Florets Strawberry Spinach Salad w/Orange Dressing Brown & Serve Rolls / Sliced Breads
<b>F R I</b>  <b>Sep 11th</b>	Donuts / Bran Muffins Assorted Danishes Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes Biscuits / Country Gravy	Zesty Italian Soup Cajun Gumbo Barbeque Pulled Pork / Bun Fried Fish w/Cocktail/Tartar Sauce Rosemary Parmesan Red Potatoes Corn on Cob / Whole Kernel Corn Caesar Salad Yeast Rolls / Hushpuppies / Cornbread	Cajun Gumbo Zesty Italian Soup Assorted Deli Meats / Cheeses Grilled Chopped Beef Steak Potato Logs Stewed Cabbage Okra & Tomatoes Dinner Rolls/ Cornbread/ Sliced Breads
<b>S A T</b>  <b>Sep 12th</b>	Donuts / Bran Muffins Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash O'Brian Potatoes Biscuits / Country Gravy	Navy Bean Soup Kielbasa Cabbage Soup Chicken Salad Barbeque Baby Back Ribs Southern Potato Salad Coleslaw Green Bean Casserole Dinner Rolls / Cornbread	Kielbasa Cabbage Soup Navy Bean Soup Assorted Deli Meats / Cheeses Pot Roast 'n Gravy Steamed White Rice Baby Carrots Green Peas w/Pearl Onions Slider Rolls / Sliced Breads
<b>S U N</b>  <b>Sep 13th</b>	Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Strawberry Waffles / Cheesy Potatoes Biscuits / Country Gravy	Roasted Cauliflower & Mushroom Soup Turkey Noodle Soup Corn Dogs w/Variety Mustard Packs Roasted Turkey w/Gravy Cornbread Dressing / Cranberry Sauce Mashed Potatoes / Brown Gravy Squash Casserole / Creamed Cauliflower Parker House Rolls / Cornbread	Turkey Noodle Soup Roasted Cauliflower & Mushroom Soup Assorted Deli Meats / Cheeses Shepard's Pie / Shrimp w/ Cheesy Grits Baked Parmesan Tomatoes Roasted Brussels Sprouts Parker House Rolls / Sliced Breads

**DESSERTS - REGULAR LINE**

**Mon** Peach Pie  
**Tue** Fudge Macaroon Cookies  
**Wed** Carrot Cake  
**Thu** Lemon Squares  
**Fri** Blueberry Pie  
**Sat** Sugar Cookies  
**Sun** Pineapple Bread Pudding

**DESSERTS - DIET LINE**

NSA Apple Pie  
Assorted SF Cookies  
Fresh Fruit Cups  
Angel Cake w/Blueberries  
NSA Chocolate Pie  
Assorted SF Cookies  
Tropical Fruit Cups

**DAILY SHORT ORDER LINE - LUNCH ONLY**

Grilled Hamburgers w/ Buns / Sliced Cheese  
Grilled Hot Dogs w/ Buns / Chili / Cheese Sauce  
Grilled Chicken Breast w/ Corn Rolls  
Grilled Cheese Sandwiches on White or Wheat  
Condiments: Green Leaf Lettuce / Sliced Tomatoes  
Sliced Red Onions / Dill Pickle Slices  
Horseradish / Bacon / French Fried Potatoes